



# Carolina Volleyball Camp Checklist



- Pre-Participation Medical Form including Insurance Information and Parent Signature
- Physical Form with Physicians Signature OR School Physical (within 1 yr of camp)
- Off Campus Permission Form signed by Parent
- \$40 Key Deposit (Cash or Check made out to Carolina Volleyball Camps)
- Pillow, Blanket, Bed Linens and Towel
- Volleyball/Court Shoes
- Knee Pads
- T-Shirts, Shorts & Socks (approx. 3 per day)
- Spending money for camp store, pizza, drinks, etc.